

CURRICULUM VITAE

KRIS BRASHER, CTRS, CPRP
INSTRUCTOR OF THERAPEUTIC RECREATION
SPORT AND RECREATION INTERNSHIP COORDINATOR
DEPARTMENT OF HEALTH, EXERCISE SCIENCE, AND RECREATION MANAGEMENT
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Objective

My goal is to promote Therapeutic Recreation as a viable and marketable entity for the University of Mississippi. I intend to use my experience and teaching techniques as well as my external contacts to enhance and grow the program as well as creating new internship opportunities for our HESRM students.

Experience

Instructor of Therapeutic Recreation
University of Mississippi, University, MS
August 2019- Present

*Currently instructing ES 394, SRA 473, and SRA 262

*Intern Supervisor for SRA 401

*Therapeutic Recreation student intern supervisor and mediator

Administrator of Leisure Lifestyles and Aquatics Director of City Pool
Oxford Park Commission, Oxford, MS
2017-2019

- Managed all operations of the Leisure Lifestyles of Oxford (LLO) program within the Oxford Park Commission
- Responsible for the day-to-day operations of programming for retirees and persons age forty and over
- Provided therapeutic leisure and recreation, and health and wellness programs designed to meet the physical, cognitive, emotional, and social needs of targeted population
- Directed all programs and activities of the Aquatics Program for the Oxford Park Commission
- Supervised and directed Oxford Park Commission Interns (Including potential CTRS candidates)
- Prepared the LLO and City Pool budget, administers the expenditures of funds, and maintains accurate records of funds
- Planned, organized, and developed LLO and Aquatic programs and

special events

*Promoted and marketed LLO and Aquatic programs in order to reach and recruit target populations

- Attended monthly Oxford Park Commission board meetings
- Ensured proper cooperation and coordination between instructors
- Determined community LLO and Aquatics Program needs and promoted programs to meet those needs
- Followed and supervised departmental policy and procedures for the LLO and Aquatics Program
- Collected data to meet the administrative and legal needs for the departmental operations, grant requirements, and standards for municipal agencies
- Coordinated and monitored instructors, volunteers, students, and others as assigned to the LLO program
- Hired, coordinated, and monitored Aquatics instructors, pool managers, lifeguards, volunteers, students, and others as assigned to the Aquatics program
- Maintained good public relations within the community and other organizations
- Developed publicity programs which promoted and advertised LLO and Aquatics programs in the city of Oxford and Lafayette County
- Maintained records and prepared reports to present to the Executive Director and the Oxford Park Commission Board

Adjunct Instructor-Health, Exercise Science, and Recreation
Management Department

University of Mississippi, Oxford, MS

2013 – 2014

- Taught RA262-Introduction to Recreation Administration during the Fall 2014 semester
- Taught PRM388-Assessment and Planning in Therapeutic Recreation during the Spring 2014 semester
- Taught Web Based-PRM262-Introduction to Therapeutic Recreation during the Fall 2013 semester
- Planned implemented, and graded web based tests, assignments, and class discussions
- Organized, prepared, and revised (as needed) course materials
- Ensured content level of course materials in exams had been covered in class

Certified Therapeutic Recreation Specialist Consultant
TriLakes Behavioral Health Center, Batesville, MS
2009 – 2011

- Served as a CTRS consultant regarding therapeutic recreation
- Attended meetings concerning the individuals being served at TriLakes Behavioral Health Center
- Worked with the Activities Department and advised Activity Therapists on new individual programming
- Monitored activities to ensure that programming was effective, safe, and patient centered
- Checked employee paperwork for accuracy and appropriateness of care while maintaining patient confidentiality under HIPAA regulations

Director V-Aquatic Therapy Director and Recreation Therapist
North Mississippi Regional Center, Oxford, MS
1998 – 2017

- Directed the Aquatics Program which is designed to provide therapeutic benefits from both the instructional and recreational programs for all individuals who reside at NMRC
- Supervised all Aquatics Program staff as well as all students from regional universities completing internships for CTRS certification (18 years' experience)
- Trained all Aquatics Program staff and CTRS students in Aquatics Program policies, procedures, and protocols including Water and Pool Safety
- Planned and directed all activities and therapies for individuals with intellectual and developmental disabilities, Alzheimer's, dementia, and other diagnoses
- Worked with clients to develop programs for rehabilitation or restoration of mental and physical wellness
- Regularly met with clients to assess physical and emotional needs and goals
- Wrote regular progress reports including: monthly, bi-annually, and annually

Education

Masters of Arts: Park and Recreation Management
University of Mississippi, Oxford, MS
2012

Completed over 33 semester hours of graduate study focusing on recreation program administration across a variety of areas of expertise including: municipal and campus recreation/sports programming, rural and community tourism development, special event planning programming for special populations, parks and recreation management, and natural resource management.

Bachelor of Science in Exercise Science
University of Mississippi, Oxford, MS
1998

Completed over 124 semester hours of undergraduate study including over 43 semester hours of professional courses that focused on the applied sciences of exercise physiology, biomechanics, motor control, and the psychology of exercise behavior.

Certifications

- Certified Therapeutic Recreation Specialist (CTRS)
- Certified Aquatic Facilities Operator (AFO)
- Certified Lifeguard Instructor
- CPR for the Professional Rescuer and Water Safety Instructor Certified (CPRO)
- State of Mississippi Basic Supervisor Training Certified
- Completed over 50 hours of Performance Development System implementation including: Workplace Violence, HIPAA, Americans with Disabilities Act (ADA), Sexual Harassment, and Active Shooter
- Completed over 600 hours of Professional Development Training
- Prior certification as a Certified Park and Recreation Professional

Skills

- Prior experience teaching collegiate level courses, both live and web-based
- Experienced in public speaking
- Experienced in staff supervision and training
- Competent in program development and evaluation
- Excellent written and verbal communication skills
- Effectively prioritizes & juggles multiple concurrent projects; highly organized
- Strong foundation of medical knowledge through current profession and past experience as an Athletic Trainer
- Highly computer literate (Microsoft Office, fax, copier, etc.)
- Knowledgeable in health and wellness
- Effective at event management
- Special Olympics volunteer since 1995 with service as State of Mississippi Head Golf and Aquatics Coach for four (4) National Special Olympic Games
- Presented at several national and state conferences including: Mississippi Recreation and Park Association (MRPA), Aquatic Therapy and Rehab Institute (ATRI) Symposium, and the Mental Health/Intellectual Developmental Disabilities (MH/IDD) Joint Conference

Courses Instructed	SRA 262	Introduction to Therapeutic Recreation (lecture/iStudy)	
	SRA 372	Procedures and Techniques in Therapeutic Recreation (lecture)	
	SRA 388	Assessment/Planning in Therapeutic Recreation (lecture)	
	SRA 473	Supervision and Administration of Therapeutic Recreation Programs (lecture)	
	SRA 401	Internship in Recreation	Administration
	SRA/ES 394	Therapeutic Exercise and Fitness (lecture/web)	
	Ger 493	Gerontology Internship	
	SRA 194	Foundations of Leisure and Recreation (I taught lecture- could probably also be web based)	
	SRA 375	Recreational Sports Programming (web)	

Supervisory

Roles Currently serving as Coordinator of the University of Mississippi Applied Gerontology Program

Committees Hiring committee for Gerontology Coordinator Position

Buildings, Grounds, and Renovations Committee Member

Instructional Technology Committee Member

