

## Hannah K. Allen, PhD

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Health, Exercise Science, & Recreation Management  
University of Mississippi  
236 Turner Center  
University, MS 38677

(662)-915-1630  
hkallen1@olemiss.edu

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### CURRENT ACADEMIC POSITIONS

*School of Applied Sciences, University of Mississippi*

2020- **Assistant Professor**, Health, Exercise Science, & Recreation Management  
2020- **Director**, Substance Use & Mental Health Research Lab

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### EDUCATION

2018    **PhD**    Behavioral and Community Health, University of Maryland School of Public Health  
2014    **MHS**    Mental Health, Johns Hopkins University Bloomberg School of Public Health  
2012    **MS**      Special Education, CUNY Hunter College  
2010    **BA**      Mathematics, Lehigh University

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### PRIOR ACADEMIC APPOINTMENTS

#### *Pennsylvania State University*

2018-2020    Postdoctoral Trainee, Prevention and Methodology Training Program (PAMT)  
T32, National Institute on Drug Abuse (NIDA)

#### *University of Maryland*

2017-2018    Research Assistant, Office of Planning and Evaluation  
2015-2018    Research Assistant, Center on Young Adult Health and Development  
2015-2017    Research Assistant, Health Promotion and Aging Lab

#### *Substance Abuse and Mental Health Services Administration*

2014            Intern, Office of Policy, Planning, and Innovation

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### GRANT SUPPORT

#### *Current Research Support*

2021            GRANT13282298 (PI: S.L. Lusk), funded by the Substance Abuse and Mental Health Services Administration  
**Title:** Mississippi Mental Health Awareness Project for School Personnel (MHAPS)  
**Role:** Co-Principal Investigator (Co-PI)

2021            QARD6866 (PI: H.K. Allen), funded by the National Institute on Alcohol Abuse and Alcoholism, National Institutes of Health, Division of Loan Repayment  
**Title:** Heavy alcohol use and young adult economic functioning: Age-varying

associations and the moderating effects of sex and social role status during the transition to independence

**Program:** Clinical Research Loan Repayment Program

**Role:** Independent Investigator

- 2021 001438 (PI: H.K. Allen), funded by the University of Mississippi Achieving Equity Investment Grants 2021  
**Title:** Examining the campus environment for BIPOC students in STEM: Daily stressors with links to health and academic outcomes  
**Role:** Principal Investigator (PI)

### ***Proposals Under Review***

#### ***Prior Research Support***

- 2018-2020 T32DA017629 (PI: Linda Collins), funded by the National Institute on Drug Abuse  
**Title:** Prevention and Methodology Training  
**Role:** Postdoctoral Fellow
- 2015-2017 K01DA031764 (PI: Faika Zanjani), funded by the National Institute on Drug Abuse  
**Title:** Community Intervention Research on Prescription Drug Safety in Older, Rural Adults  
**Role:** Graduate Research Assistant (GRA)
- 2014-2018 R01DA014845 (PI: Amelia Arria), funded by the National Institute on Drug Abuse  
**Title:** Drug Abuse Trajectories in the Transition to Adulthood: Risk Factors and Outcomes  
**Role:** Graduate Research Assistant (GRA)

#### ***Unfunded Research Proposals***

- 2022 NSF EPSCoR RII Track-4: EPSCoR Research Fellows  
**Title:** Moving beyond surveys and self-report: Advanced laboratory and ambulatory methods for assessing alcohol use  
**Role:** Principal Investigator (PI)
- 2021 GRANT13289498 (PI: M. D'Alessio), submitted to the National Institute on Drug Abuse  
**Title:** A dual-methodology approach to estimating substance use prevalence during and after the COVID-19 pandemic: Epidemiologic surveys and wastewater surveillance  
**Role:** Co-Investigator (Co-I)

#### ***Teaching and Service Support***

- 2021 Diversity Incentive Fund, funded by the Division of Diversity and Community Engagement, University of Mississippi  
**Role:** Awardee
- 2021 Inclusive Teaching Faculty Learning Community, funded by the Center for Excellence in Teaching and Learning (CETL) and the Division of Diversity and Community Engagement, University of Mississippi  
**Role:** Faculty Learning Community Member

2021 FACT Institute Grant, funded by the Center for Excellence in Teaching and Learning (CETL) and the Quality Enhancement Plan, University of Mississippi  
*Role:* Faculty Member Awardee

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## **TEACHING EXPERIENCE**

### **University of Mississippi**

#### ***Instructor of Record***

2022-2023 PH 528: Public Health Policy  
2021 HP 665: Special Topics in Health (Mental Health as a Public Health Issue)  
2021-2023 PH 600: Foundations of Public Health  
2021-2022 PH 391: Special Topics in Health (Mental Health as a Public Health Issue)  
2021-2022 PH 685: Health Program Evaluation  
2020 HP 600: Foundations of Health Promotion

### **University of Maryland**

#### ***Instructor of Record***

2016-2018 HLTH 285: Controlling Stress and Tension

#### ***Graduate Teaching Assistant***

2015 HLTH 471: Women's Health; Instructor: Dr. Faika Zanjani  
2014-2015 HLTH 200: Introduction to Research in Community Health; Instructor: Dr. Amelia Arria  
2014-2015 HLTH 140: Personal and Community Health; Instructor: Dr. James Butler  
2014 HLTH 106: Drug Use and Abuse; Instructor: Dr. Kenneth Beck

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## **ADVISING EXPERIENCE**

### **University of Mississippi**

#### ***Academic Advisor, PhD in Health & Kinesiology (Health Behavior Emphasis)***

2021-Present Shannon FitzGerald  
2021-Present Chesney Mardis

#### ***Academic Advisor, Master of Public Health (MPH)***

2022-Present Chelsey Little  
2022-Present Christian Hill  
2022-Present Sylvia Williams  
2021-Present Holly Loomes  
2020-2022 Nash Clark  
2020-2022 A. Stephen Lenz

#### ***Undergraduate Honors Capstone Advisor, Sally McDonnell Barksdale Honors College***

2021-Present Kathleen Walsh  
2021-Present William Brady Suttles  
2021-Present Meg Goebel  
2021-Present Emma Atkinson  
2021-Present Tina Truong  
2021-Present Madison De Gruiter  
2021-Present Alexz Carpenter

### ***Graduate Assistantship Advisor, Substance Use & Mental Health Research Lab***

2022-Present Chesney Mardis  
2021 Annabelle Deen  
2020-2022 Nash Clark

### ***Internship Supervisor***

2021 Janita Springfield, PhD in Leadership and Counselor Education  
2021 Jaden Nikki Tabat, MS in Health Promotion  
2021 Candaysha Jones, MS in Health Promotion

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## **THESIS AND DISSERTATION COMMITTEES**

### **Doctoral Dissertations**

- 2022 Jaime Murtagh. Temperamental fear as a vulnerability factor for posttraumatic stress symptoms: An examination of fight, flight, freeze using a trauma film paradigm. Department of Psychology, College of Liberal Arts, University of Mississippi. ***Dissertation Committee Member.***
- 2022 Hannah Friedman. The impact of maternal social anxiety on maternal responses to adolescent positive affect. Department of Psychology, College of Liberal Arts, University of Mississippi. ***Dissertation Committee Member.***
- 2021 Jennifer Petell. Plot twist: Vomiting is good! Online psychoeducational intervention among internet support group users. Department of Psychology, College of Liberal Arts, University of Mississippi. ***Dissertation Committee Member.***
- 2021 Alexandra Gilbert. Baby, OCD, and me: Psychoeducation intervention on perinatal obsessive-compulsive disorder. Department of Psychology, College of Liberal Arts, University of Mississippi. ***Dissertation Committee Member.***

### **Master's Theses**

- 2021 Kaitlyn Armstrong. Osteoporosis knowledge, health communication habits, and osteoporosis prevention behaviors: A cross-sectional study among male and female college students. Department of Health, Exercise Science, & Recreation Management, School of Applied Sciences, University of Mississippi. ***Thesis Committee Member.***

### **Undergraduate Honors Theses**

- 2021 Walter Myers Simpson. The effects of acute exercise on retrieval-induced forgetting. Sally McDonnell Barksdale Honors College, University of Mississippi. ***Thesis Reader.***

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## **FELLOWSHIPS**

2016-2017 Campus Leadership Program, Futures Without Violence  
2014 Generation Tomorrow, Johns Hopkins Center for AIDS Research  
2010-2012 Teach for America

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## **PROFESSIONAL CERTIFICATIONS**

2021 Online Teaching Endorsement, Office of Academic Outreach, University of Mississippi  
2018 Certified in Public Health, National Board of Public Health Examiners

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**PUBLICATIONS*****Refereed Journal Articles***

26. Cohen-Winans, S., Armstrong, K., Ford, M.A., & **Allen, H.K.** (2022). Individual correlates of COVID-19 concerns, prevention behaviors, and experiences among college students. *Journal of Public Health in the Deep South*.
25. **Allen, H.K.**, Lilly, F., Green, K.M., Zanjani, F., Vincent, K.B., & Arria, A.M. (2022). Substance use and mental health problems among graduate students: Individual and program-level correlates. *Journal of American College Health*, 70(1), 65-73. doi:10.1080/07448481.2020.1725020
24. **Allen, H.K.**, Cohen-Winans, S., Armstrong, K., Clark, N.C., & Ford, M.A. (2021). COVID-19 exposure and diagnosis among college student drinkers: Links to alcohol use behavior, motives, and context. *Translational Behavioral Medicine*, 11(7), 1348-1353. doi:10.1093/tbm/ibab059
23. Kilmer, J.R., Fossos-Wong, N., Geisner, I.M., Yeh, J-C., Larimer, M.E., Cimini, M.D., Vincent, K.B., **Allen, H.K.**, Barrall, A.L., & Arria, A.M. (2021). Nonmedical use of prescription stimulants as a “red flag” for other substance use. *Substance Use and Misuse*, 56(7), 941-949. doi:10.1080/10826084.2021.1901926
22. Linden-Carmichael, A.N., **Allen, H.K.**, & Lanza, S.T. (2021). The socio-environmental context of simultaneous alcohol and marijuana use among young adults: Examining day-level associations. *Drug and Alcohol Review*, 40(4), 647-657. doi:10.1111/dar.13213
21. Linden-Carmichael, A.N. & **Allen, H.K.** (2021). Profiles of alcohol and marijuana use among simultaneous alcohol and marijuana users: Individual differences in demographics and substance use. *Journal of Drug Issues*, 51(2), 243-252. doi:10.1177/0022042620979617
20. Linden-Carmichael, A.N., **Allen, H.K.**, Masters, L.D., Ansell, E.B., & Lanza, S.T. (2021). Age-varying trends in alcohol and cannabis co-occurring use: Implications for prescription drug misuse. *American Journal of Drug and Alcohol Abuse*, 47(2), 209-219. doi:10.1080/00952990.2020.1831003
19. **Allen, H.K.**, Lilly, F., Green, K.M., Zanjani, F., Vincent, K.B., & Arria, A.M. (2020). Graduate student burnout: Substance use, mental health, and the moderating role of advisor satisfaction. *International Journal of Mental Health and Addiction*. doi:10.1007/s11469-020-00431-9
18. Jones, D.R., **Allen, H.K.**, Lanza, S.T., & Graham-Engeland, J.E. (2020). Daily associations between affect and alcohol use among adults: The importance of affective arousal. *Addictive Behaviors*, 112, 106623. doi:10.1016/j.addbeh.2020.106623
17. Linden-Carmichael, A.N., **Allen, H.K.**, & Lanza, S.T. (2020). The language of subjective alcohol effects: Do young adults vary in their feelings of intoxication? *Experimental and Clinical Psychopharmacology*. doi:10.1037/pha0000416

16. **Allen, H.K.**, Calhoun, B.H., & Maggs, J.L. (2020). High-risk alcohol use behavior and decreased daily academic effort among college students. *Journal of American College Health*. doi:10.1080/07448481.2020.1752697
15. **Allen, H.K.**, Barrall, A.L., Vincent, K.B., & Arria, A.M. (2020). Stress and burnout among graduate students: Moderation by sleep duration and quality. *International Journal of Behavioral Medicine*, 28(1), 21-28. doi:10.1007/s12529-020-09867-8
14. **Allen, H.K.**, Barrall, A.L., Beck, K.H., Vincent, K.B., & Arria, A.M. (2020). Situational context and motives of alcohol use among graduate student drinkers. *Addictive Behaviors*, 104. doi:10.1016/j.addbeh.2019.106267
13. Arria, A.M., **Allen, H.K.**, Caldeira, K.M., Vincent, K.B., & O'Grady, K.E. (2020). Excessive drinking and drug use in college: Prospective associations with graduate school plans and attendance. *Journal of American College Health*, 68(2), 132-138. doi:10.1080/07448481.2018.1535494
12. Zanjani, F., **Allen, H.K.**, & Beck, K.H. (2019). Alcohol, driving, and health among community-dwelling older adults. *Health Behavior and Policy Review*, 6, 315-326. doi:10.14485/hbpr.6.4.1
11. Beck, K.H., Zanjani, F., & **Allen, H.K.** (2019). Social context of drinking among older adults: Relationship to alcohol and traffic risk behaviors. *Transportation Research Part F: Psychology and Behaviour*, 64, 161-170. doi:10.1016/j.trf.2019.05.001
10. **Allen, H.K.**, Lilly, F., Beck, K.H., Vincent, K.B., & Arria, A.M. (2019). Graduate degree completion: Associations with alcohol and marijuana use before and after enrollment. *Addictive Behaviors Reports*, 9, e100156. doi:10.1016/j.abrep.2018.100156
9. **Allen, H.K.**, Beck, K.H., & Zanjani, F. (2019). Driving concerns among older adults: Associations with driving skill, behaviors, and experiences. *Traffic Injury Prevention*, 20, 45-51. doi:10.1080/15389588.2018.1528358
8. Zanjani, F., **Allen, H.K.**, Smith, R.V., Antimisiaris, D., Schoenberg, N., Martin, C., & Clayton, R. (2018). Pharmacy staff perspectives on alcohol and medication interaction prevention among older rural adults. *Gerontology and Geriatric Medicine*, 4, 1-10. doi:10.1177/2333721418812274
7. Zanjani, F., **Allen, H.K.**, Schoenberg, N., Martin, C., & Clayton, R. (2018). Immediate effects of a brief intervention to prevent alcohol and medication interactions among older adults. *Health Education Research*, 33, 261-270. doi:10.1093/her/cyy021
6. Zanjani, F., **Allen, H.K.**, Schoenberg, N., Martin, C., & Clayton, R. (2018). Sustained intervention effects on older adults' attitudes towards alcohol and medication interactions. *American Journal of Health Education*, 49, 66-73. doi:10.1080/19325037.2017.1414641
5. Zanjani, F., **Allen, H.K.**, Schoenberg, N., Martin, C., & Clayton, R. (2018). Acceptability of intervention materials to decrease risk for alcohol and medication interactions among older adults. *Evaluation and Program Planning*, 67, 160-166. doi:10.1016/j.evalprogplan.2017.12.010

4. Caldeira, K.M., Arria, A.M., **Allen, H.K.**, Bugbee, B.A., Vincent, K.B., & O'Grady, K.E. (2017). Continuity of drunk and drugged driving behaviors four years post-college. *Drug and Alcohol Dependence, 180*, 332-339. doi:10.1016/j.drugalcdep.2017.08.032
3. Arria, A.M., Caldeira, K.M., **Allen, H.K.**, Bugbee, B.A., Vincent, K.B., & O'Grady, K.E. (2017). Prevalence and incidence of drug use among college students: An 8-year longitudinal analysis. *American Journal of Drug and Alcohol Abuse, 43*, 711-718. doi:10.1080/00952990.2017.1310219
2. **Allen, H.K.**, Caldeira, K.M., Bugbee, B.A., Vincent, K.B., O'Grady, K.E., & Arria, A.M. (2017). Drug involvement during and after college: Estimates of opportunity and use given opportunity. *Drug and Alcohol Dependence, 174*, 150-157. doi:10.1016/j.drugalcdep.2017.01.025
1. Arria, A.M., Caldeira, K.M., **Allen, H.K.**, Vincent, K.B., Bugbee, B.A., & O'Grady, K.E. (2016). Drinking like an adult? Trajectories of alcohol use patterns before and after college graduation. *Alcoholism: Clinical and Experimental Research, 40*, 583-590. doi:10.1111/acer.12973

### **Commentaries**

2. Eger, W. Talbert-Slagle, K., & **Allen, H.K.** (2022). Using an evidence-based framework to guide the implementation of syringe services programs in Jackson, Mississippi. *Harvard Public Health Review (HPRH) Journal, 50*.
1. Brooks, A.T., **Allen, H.K.**, Thornton, L. & Trevorrow, T. (2020). Behavioral medicine challenges in the shadow of a global pandemic. *Translational Behavioral Medicine, 11*(2), 664-668. doi:10.1093/tbm/ibaa106

### **Book Chapters**

2. Maggs, J.L., Calhoun, B.H., & **Allen, H.K.** (in press). Substance use across adolescence and early adulthood: Prevalence, causes, developmental roots, and consequences. In: *American Psychological Association (APA) Handbook of Adolescent and Young Adult Development*, L.J. Crockett, G. Carlo, J.E. Schulenberg (eds.).
1. Arria, A.M., Barrall, A.L., **Allen, H.K.**, Bugbee, B.A., & Vincent, K.B. (2019). The academic opportunity costs of substance use and untreated mental health concerns among college students. In: *Promoting Behavioral Health and Reducing Risk Among College Students: A Comprehensive Approach*, M.D. Cimini, E.M. Rivero (eds.). New York, NY: Routledge, Taylor and Francis.

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## **CONFERENCE PRESENTATIONS**

*\*Presenting author*

### **Paper Presentations**

19. Mardis, C.R. & **Allen, H.K.** (2023, April). Annual gynecological exams among female college students: Predicting intent and service utilization. Paper submitted to the Society of Behavioral Medicine Annual Meeting & Scientific Sessions. Phoenix, AZ.
18. Foreman, B., Zigmont, V.A., & **Allen, H.K.** (2022, November). Associations between food insecurity and health status and behavior among Black/African-American higher education

students. Paper submitted to the American Public Health Association Annual Meeting, Boston, MA.

17. **Allen, H.K.,\*** Fernandez, F., Bledsoe, K.G., & Smith, M.S. (2022, June). Individual and structural factors associated with persistence among Black/African-American students in STEM programs. Society for Prevention Research Annual Meeting, Seattle, WA.
16. **Allen, H.K.,\*** Cohen-Winans, S., Armstrong, K., & Ford, M.A. (2021, June). COVID-19 exposure and diagnosis among college student drinkers: Links to alcohol use motives and context. Society for Prevention Research Annual Meeting. *Presented virtually.*
15. Linden-Carmichael, A. N., **Allen, H. K.,** & Lanza, S. T. (2021, June). A daily diary investigation of the socio-environmental context of simultaneous alcohol and marijuana use among young adults. Society for Prevention Research Annual Meeting. *Presented virtually.*
14. Jones, D.R., **Allen, H.K.,\*** Lanza, S.T., & Graham-Engeland, J.E. (2021, April). Daily associations between affect and alcohol use among adults: The importance of affective arousal. Society of Behavioral Medicine Annual Meeting & Scientific Sessions. *Presented virtually.*
13. Armstrong, K., Cohen-Winans, S., **Allen, H.K.,** & Ford, M.A. (2021, February). Cigarette, e-cigarette, and marijuana use among college students: Associations with COVID-19. Mississippi Association for Health, Physical Education, Recreation, and Dance Annual Convention. *Presented virtually.*
12. **Allen, H.K.,\*** Linden-Carmichael, A.N., & Lanza, S.T. (2020, October). Alcohol use disorder and employment across adulthood: Age-varying associations. American Public Health Association Annual Meeting. *Presented virtually.*
11. **Allen, H.K.,\*** Linden-Carmichael, A.N., & Lanza, S.T. (2020, April). The age-varying association between sleep and alcohol use disorder across adulthood: Ages 18 to 65. In A.T. Brooks (Chair), *Sleep and alcohol use across the lifespan: A presentation supported by the SBM Sleep SIG.* Symposium accepted for the Society of Behavioral Medicine Annual Meeting & Scientific Sessions, San Francisco, CA. *Conference cancelled.*
10. Linden-Carmichael, A.N., Calhoun, B.H., Patrick, M.E., **Allen, H.K.,\*** & Maggs, J.L. (2019, June). High-intensity drinking and protective behavioral strategy use: Context matters. In A. Fairlie and N. Scaglione (Co-Chairs), *Understanding protective behavioral strategies through event-level examinations of behavior and innovative intervention.* Symposium presented at the Research Society on Alcoholism Annual Meeting, Minneapolis, MN.
9. **Allen, H.K.\*** & Maggs, J.L. (2019, June). Increased risk of academic and employment consequences among heavy-drinking university students who engage in poly-substance use. Kettil Bruun Society Annual Alcohol Epidemiology Symposium, Utrecht, Netherlands.
8. Linden-Carmichael, A.N., Masters, L.D., **Allen, H.K.,** & Lanza, S.T. (2019, May). Age-varying trends in co-use of marijuana and heavy episodic drinking: Implications for nonmedical prescription drug use. In S.T. Lanza (Chair), *Opioid and other nonmedical prescription drug use*



*in the United States: Contemporary trends in use, co-use, and correlates to identify opportunities for prevention.* Symposium presented at the Society for Prevention Research Annual Meeting, San Francisco, CA.

7. **Allen, H.K.\***, Dismukes, A.R., Felt, J.M., Van Doren, N., Woods, A.D., & Small, M.L. (2019, May). Prevention in a big data world: Examining change in physical and emotional health and functioning among Medicare enrollees in the age of Medicare policy reform. Society for Prevention Research Annual Meeting, San Francisco, CA.
6. **Allen, H.K.\***, Green, K., Ting Lee, M.L., Lilly, F., Zanjani, F., & Arria, A. (2018, November). Substance use, mental health, and academic burnout among graduate students: The moderating role of academic support. American Public Health Association Annual Meeting, San Diego, CA.
5. **Allen, H.K.\***, Zanjani, F., Schoenberg, N., Martin, C., & Clayton, R. (2017, November). Immediate and long-term effects of a brief intervention to prevent alcohol and medication interactions among older adults. American Public Health Association Annual Meeting, Atlanta, GA.
4. **Allen, H.K.\***, Bugbee, B.A., Vincent, K.B., & Arria, A.M. (2017, April). Anxiety, depression, and substance use disorders among graduate students. Graduate Research Appreciation Day, University of Maryland, College Park, MD.
3. Zanjani, F., **Allen, H.K.**, Martin, C., Clayton, R., & Schoenberg, N. (2016, November). Brief alcohol and medication interaction prevention awareness campaign outcomes. Gerontological Society of America Annual Scientific Meeting, New Orleans, LA.
2. **Allen, H.K.\***, Caldeira, K.M., Bugbee, B.A., Vincent, K.B., O'Grady, K.E., & Arria, A.M. (2016, April). Drug involvement during and after college: Estimates of opportunity and use given opportunity. Graduate Research Appreciation Day, University of Maryland, College Park, MD.
1. **Allen, H.K.\***, Caldeira, K.M., Bugbee, B.A., Vincent, K.B., & Arria, A.M. (2015, April). Illicit and nonmedical drug use among young adults: An 8-year longitudinal analysis from college entry through age 25. Graduate Research Interaction Day, University of Maryland, College Park, MD.

### ***Poster Presentations***

19. **Allen, H.K.\***, Jung, M., Lee, S., & Kang, M. (2022, April). Age-varying associations between depression and cognitive function in old age: Moderation by modifiable health factors. Society of Behavioral Medicine Annual Meeting & Scientific Sessions, Baltimore, MD.
18. **Allen, H.K.\*** & D'Alessio, M. (2021, October). Negative effects of the COVID-19 pandemic among faculty, staff, and students: Associations with burnout on a college campus. American Public Health Association Annual Meeting, Denver, CO.
17. **Allen, H.K.\***, Linden-Carmichael, A.N., & Lanza, S.T. (2021, June). The age-varying association between sleep and alcohol use disorder across adulthood: Ages 18 to 65. Research Society on Alcoholism Annual Meeting. *Presented virtually.*

16. Linden-Carmichael, A.N. & **Allen, H.K.** (2020, June). Profiles of simultaneous alcohol and marijuana use: Individual differences in demographic factors and substance use. Research Society on Alcoholism Annual Meeting. *Presented virtually.*
15. **Allen, H.K.,\*** Vincent, K.B., & Arria, A.M. (2020, June). Program climate and academic support during graduate school: Relationships with alcohol use behavior among graduate students. Research Society on Alcoholism Annual Meeting. *Presented virtually.*
14. **Allen, H.K.,\*** Zanjani, F., & Beck, K.H. (2019, November). Age-varying associations between binge drinking and driving after drinking among older adults. American Public Health Association Annual Meeting, Philadelphia, PA.
13. **Allen, H.K.,\*** Linden-Carmichael, A.N., Lanza, S.T., Vincent, K.B., & Arria, A.M. (2019, June). Dynamic associations between alcohol use and academic burnout throughout doctoral programs: Variations by degree type. Research Society on Alcoholism Annual Meeting, Minneapolis, MN.
12. **Allen, H.K.,\*** Calhoun, B.H., & Maggs, J.L. (2019, May). Heavy drinking and academics: Daily-level associations, or do less serious students just drink more? Society for Prevention Research Annual Meeting, San Francisco, CA.
11. **Allen, H.K.,\*** Lilly, F., Barrall, A.L., Vincent, K.B., & Arria, A.M. (2019, March). Stress and exhaustion among graduate students: The moderating effects of sleep duration and quality. Society of Behavioral Medicine Annual Meeting & Scientific Sessions, Washington D.C.
10. Zanjani, F., **Allen, H.K.,** & Beck, K.H. (2018, November). Older adult contextual drinking behaviors. Gerontological Society of America Annual Scientific Meeting, Boston, MA.
9. Barrall, A.L., Bugbee, B.A., **Allen, H.K.,** Vincent, K.B., & Arria, A.M. (2018, November). Alcohol use trajectories during college: Relationship with days kept from normal activity due to injury and illness. American Public Health Association Annual Meeting, San Diego, CA.
8. **Allen, H.K.,\*** Bugbee, B.A., Vincent, K.B., & Arria, A.M. (2017, April). Anxiety, depression, and substance use disorders among graduate students. Public Health Research Day, University of Maryland, College Park, MD.
7. **Allen, H.K.,\*** Caldeira, K.M., Vincent, K.B., Bugbee, B.A., O'Grady, K.E., & Arria, A.M. (2016, November). Restrictive peer networks among substance-using college students: An untapped intervention target? American Public Health Association Annual Meeting, Denver, CO.
6. Ansari, I., **Allen, H.K.,** & Zanjani, F. (2016, August). Cholesterol lowering medication interactions with alcohol among older adults. ADAPT Presentations, University of Maryland, College Park, MD.
5. Goodrich, C., **Allen, H.K.,** & Zanjani, F. (2016, August). Gender, alcohol, and medication safety in older rural adults. ADAPT Presentations, University of Maryland, College Park, MD.
4. **Allen, H.K.,\*** Caldeira, K.M., Bugbee, B.A., Vincent, K.B., O'Grady, K.E., & Arria, A.M. (2016, April). Drug involvement during and after college: Estimates of opportunity and use given opportunity. Public Health Research Day, University of Maryland, College Park, MD.

3. Caldeira, K.M, Arria, A.M., **Allen, H.K.**,\* Bugbee, B.A., Vincent, K.B., & O'Grady, K.E. (2015, April). Continuity of drunk and drugged driving behaviors four years post-college. American Public Health Association Annual Meeting, Chicago, IL.
2. **Allen, H.K.**,\* Caldeira, K.M., Bugbee, B.A., Vincent, K.B., & Arria, A.M. (2015, April). Illicit and nonmedical drug use among young adults: An 8-year longitudinal analysis from college entry through age 25. Public Health Research Day, University of Maryland, College Park, MD.
1. Bugbee, B.A., Caldeira, K.M., **Allen, H.K.**, Vincent, K.B., & Arria, A.M. (2015, April). Majoring and persisting in STEM during college: Examining the influence of substance use. Public Health Research Day, University of Maryland, College Park, MD.

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## INVITED TALKS AND PRESENTATIONS

9. **Allen, H.K.** (2022, March). *Achieving equity*. Invited panelist for the GSC Research and Creative Achievement Symposium. University of Mississippi.
8. **Allen, H.K.** (2021, November). *Thriving in your first academic position*. Invited panelist for the Prevention and Methodology Training Program (PAMT) Proseminar. Pennsylvania State University.
7. **Allen, H.K.** (2021, November). *Alcohol and other substance use: Links to affect, effort, and COVID-19*. Invited talk presented for the Department of Psychology colloquium. University of Mississippi.
6. **Allen, H.K.** (2021, April). *Career Pathways Panel- Education*. Invited panelist for the virtual 2021 Doctoral Career Pathways Conference. University of Maryland.
5. **Allen, H.K.** (2020, October). *Alcohol and other substance use: Links to affect, effort, and COVID-19*. Invited talk presented virtually for the Research and Analytics Lab New Faculty Presentation Series. University of Mississippi.
4. **Allen, H.K.** (2020, May). *Young adult substance use: Prevalence, patterns, and the relationship with achievement during the transition to independence*. Invited talk presented virtually for the Center for the Study of Health and Risk Behaviors. University of Washington.
3. **Allen, H.K.** (2020, February). *Prevention and Methodology Training Program (PAMT): Postdoctoral experience*. Invited talk presented at the Prevention and Methodology Training Program (PAMT) Proseminar. Pennsylvania State University.
2. **Allen, H.K.** (2019, November). *Substance use and young adult achievement during the transition to independence*. Invited talk presented at the Methodology Center Brown Bag Seminar. Pennsylvania State University.
1. **Allen, H.K.** (2018, May). *The impact of cannabis use on student achievement*. Invited workshop presented at the Behavioral Health Administration Annual Conference. Baltimore, MD.

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## HONORS AND AWARDS

### *University of Mississippi*

- 2022 Faculty Champion, Office of Community Engagement  
2021 Faculty Champion, Office of Community Engagement

### *Research Society on Alcoholism*

- 2019 Junior Investigator Award, Research Society on Alcoholism

### *Society for Prevention Research*

- 2019 Finalist and Team Captain, Sloboda and Bukoski Cup Research Competition  
2019 Early Career Preventionist Network Travel Award

### *University of Maryland School of Public Health*

- 2018 PhD Dean's Scholar Award  
2017 Delta Omega- Gamma Zeta Chapter, Honorary Society in Public Health

### *University of Maryland Graduate School*

- 2017 Outstanding Graduate Assistant Award  
2017 Second Place, Graduate Research Appreciation Day  
2016 First Place, Graduate Research Appreciation Day  
2015 First Place, Graduate Research Interaction Day

### *University of Maryland*

- 2016 Most Valuable Professor (M.V.P.), Women's Lacrosse Team

### *Lehigh University*

- 2006-2010 Dean's Academic Scholarship

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## MEDIA COVERAGE

3. Stewart, S. (2021, June). UM awards six achieving equity investment grants. *Ole Miss: University of Mississippi News*. [URL](#).
2. Clark, J.B. (2020, September). Students, faculty, and staff volunteer to keep campus safe. *Ole Miss: University of Mississippi News*. [URL](#).
1. Bohn, K. (2020, August). Words used to describe alcohol intoxication may give clues to drinking habits. *Penn State News*. [URL](#).

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## TRAININGS AND WORKSHOPS ATTENDED

- June 2022 *Applied Research Design Using Mixed Methods*  
CenterStat, Curran-Bauer Analytics, Virtual Workshop
- May 2022 *Introduction to Structural Equation Modeling*  
CenterStat, Curran-Bauer Analytics, Virtual Workshop

- April 2022 *Big Data and Tech in the Delivery of Healthcare in Rural America*  
2022 Policy Talks, Center for Practical Ethics, University of Mississippi, University, MS
- April 2022 *Early Career Grant Writing Webinar*  
Basic Energy Sciences Early Career Network, U.S. Department of Energy, Virtual Workshop
- August 2021 *Faculty Approaches to Critical Thinking (FACT) Institute*  
ThinkForward Quality Enhancement Plan, University of Mississippi, University, MS
- June 2020 *Mixed methods research: Combining quantitative and qualitative data and strategies*  
ICPSR Summer Program in Quantitative Methods of Social Research, Virtual Workshop
- May 2020 *Group-based trajectory modeling for the medical and social sciences*  
ICPSR Summer Program in Quantitative Methods of Social Research, Virtual Workshop
- May 2020 *Introduction to mediation, moderation, and conditional process analysis*  
Statistical Horizons, Virtual Workshop
- May 2020 *Network analysis*  
Curran-Bauer Analytics, Virtual Workshop
- June 2019 *Summer Institute on Innovative Methods: Variability in intensive longitudinal data: Mixed-effects location scale modeling*  
The Pennsylvania State University, University Park, PA
- Spring 2019 *Grant writing boot camp*  
The Pennsylvania State University, University Park, PA
- Dec. 2018 *Latent class analysis*  
Statistical Horizons, Philadelphia, PA
- July 2018 *Introduction to time-varying effect modeling (TVEM) for graduate students and postdoctoral researchers*  
The Pennsylvania State University, University Park, PA
- June 2018 *Summer Institute on Innovative Methods: Analyzing ecological momentary assessment data*  
The Pennsylvania State University, University Park, PA

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## **SERVICE TO THE UNIVERSITY**

### ***Service to University of Mississippi***

- 2022-Present Faculty Advisor, End Overdose UM (Registered Student Organization)
- 2022 Member, Fulbright Campus Interview Committee
- 2022-Present Member, Governing Body, Community Engaged Leadership Minor
- 2022-Present Chair, High-Impact Practice Subgroup, Equity Analysis of Student Success Workgroup
- 2021-2022 Member, Graduate School Mental Health and Well-Being Advisory Board
- 2021-Present Member, Collegiate Recovery Community (CRC) Alliance, William Magee Center

- 2021 Faculty Search Committee Member, Department of Health, Exercise Science, & Recreation Management  
2021 Selection Committee Member, Columns Society  
2020 Faculty Search Committee Member, Department of Health, Exercise Science, & Recreation Management  
2020 Search Committee Member, William Magee Center  
2020 C19 Liaison Ambassador, Division of Student Affairs

### ***Service to University of Maryland***

- 2016-2017 President and Founder, Alliance for Sexual Assault Prevention  
2015-2016 Staff Advisor, Alternative Breaks Program  
2015-2016 PhD Student Representative, Graduate Program Committee  
2015-2016 Director of Financial Affairs, Graduate Students in Public Health  
2014-2015 Chair, Social and Peer Engagement, Graduate Students in Public Health  
2014 Secretary, Academic Affairs, Graduate Student Government  
2014 Provost's Student Advisory Council

### ***Service to Johns Hopkins University***

- 2013-2014 Mental Health Department Representative, Student Assembly

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## **SERVICE TO THE PROFESSION**

- 2021-Present **Section Councilor:** Alcohol, Tobacco, and Other Drugs (ATOD) Section, *American Public Health Association (APHA)*
- 2020-2021 **Guest Editor:** Adolescent Substance Use and Related Harms, Special Issue of the *International Journal of Environmental Research and Public Health*
- 2016-Present **Ad-hoc Reviewer:** *Addictive Behaviors, Drug and Alcohol Dependence, Journal of American College Health, The American Journal on Addictions, Journal of Substance Use, Social Psychology, Journal of Drug Issues, Health Education and Behavior, Journal of Adolescent Health, Cultural Diversity and Ethnic Minority Psychology, Psychology of Addictive Behaviors, Experimental and Clinical Psychopharmacology, Journal of Public Health in the Deep South, Alcoholism: Clinical and Experimental Research*

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## **SERVICE TO THE COMMUNITY**

- 2021-2022 **Mississippi Health Ambassador, Mississippi State Department of Health**

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## **PROFESSIONAL MEMBERSHIPS**

- 2021-Present Mississippi Public Health Association  
2019-Present Society for Prevention Research  
2019-Present Kettil Bruun Society  
2018-Present Research Society on Alcoholism  
2018-Present Society of Behavioral Medicine  
2018-Present National Prevention Science Coalition to Improve Lives  
2015-Present American Public Health Association