

## CHESNEY ROSE MARDIS

242 Turner Center, University MS, 38677 | 662-915-5591 | [crmardis@olemiss.edu](mailto:crmardis@olemiss.edu)

### EDUCATION AND TEACHING EXPERIENCE

#### ***Delta State University***

Bachelor's of Science 2018

Major: Exercise Science

Minor: Business Administration

Master's of Science 2019

Concentration: Sport and Human Performance

Adjunct Instructor - PER 102, PER 365 2020

Developed syllabus, overall course structure, and administered all grades

#### ***University of Mississippi***

Pursuing a PhD in Health and Kinesiology 2020

Graduate Assistant – EDHE 202, PH 191, ES 396

Developed syllabus, overall course structure, and administered all grades 2021

### AWARDS

Health Champion of the Month 2017 – 2017

Student Government Best Interview Award 2018 – 2019

Miss Delta State University 2018 – 2019

Miss America Academic Scholarship 2018 – 2019

People's Choice Award 2018 – 2019

Miss Delta Crossroads 2019 – 2021

Academic Pillar Award 2020 – 2021

### ACADEMIC POSITIONS

***Admissions Clerk/Adjunct Professor*** 2019-2020

#### ***Delta State University***

As a clerk, I developed a social media plan while creating and posting content as well as developing new marketing plans. As a professor, I taught two physical education classes on campus and virtually where I developed syllabi, created curriculum, and facilitated all tests.

***Graduate Assistant*** Fall 2020

#### ***University of Mississippi***

Graduate Assistant for the University of Mississippi Graduate School. Duties included answering the phone, downloading applications, filing, and organizing documents, organizing and facilitating "Yoga in the Grove", and assisted Dr. Kluck in research.

**Graduate Assistant***Fall 2021***University of Mississippi**

Graduate Assistant for the University of Mississippi Center for Student Success & First Year Experience. Duties included assistant instructor for EDHE 202 classes. Academic mentor for EDHE 101 and 303 classes. Academic Support Academic consultant, student success coaching and leading workshops.

**Graduate Assistant***Fall 2022***University of Mississippi**

Graduate Assistant for the University of Mississippi Health, Exercise Science, and Recreation Management. Duties include assistant instructor for PH and ES courses. Research Assistant for the Substance Use and Mental Health Research Laboratory.

**PUBLICATIONS UNDER REVIEW**

*Consumer Use and Perceived Accuracy of Fitness Tracking Devices*

2019

*Annual gynecological exams among female college students: Predicting intent and service utilization*

2020

**CERTIFICATIONS**

Red Cross, CPR/First Aid/Lifeguard Certified

City of Oxford, Certified Hospitality Professional

Citi Program Course, Human Research

Citi Program, Public Health

**SKILLS**

Running protocols and procedures, organizing Fitness Testing, evaluating and monitoring various exercise programs and performing biomechanical and postural assessments. Abilities include monitoring blood pressure, heart rate, calculating VO2MAX, and performing treadmill, EKG and ergometer tests on clients. Use of SPSS. Facility management, program budgeting. Knowledge of aquatic facilities. Good crowd control and customer service skills. Management skills include the ability to motivate and encourage staff and clients and to recognize and correct concerns. Leadership qualities include great oral and written communication skills, the ability to interact with parents and children professionally. Good time management, front desk experience and great public-speaking skills. Grant writing experience. Use of Qualtrics. Ability to take charge and handle largeworkloads.