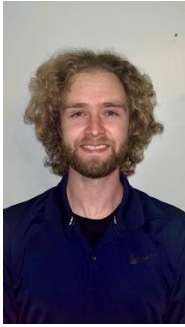


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Department of Health, Exercise Science, and
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RESEARCH FOCUS

My research focuses on the effects of exercise on cognitive function and memory.

EDUCATION

Doctor of Philosophy, *expected graduation: 2025*, The University of Mississippi, MS, USA
Major: Health and Kinesiology
Dissertation:

Master of Science, May 2021, Mississippi College, MS, USA
Major: Applied Exercise Physiology
Thesis: Self-Determination Theory as a Theoretical Framework for Coaching Philosophy
[Major Professor: Suzanne McDonough, PhD]

Bachelor of Science, April 2018, Walsh University, OH, USA
Major: Exercise Science

ACADEMIC POSITIONS

- **Graduate Assistant – Exercise and Memory Laboratory**
The University of Mississippi, University, MS; 2022 – Present
- **UMMC-GTEC Robert E. Smith, MD Graduate Scholar - Cohort IV**
University of Mississippi Medical Center; 2022 – Present
- **Graduate Assistant – Exercise Physiology Lab**
Mississippi College, Clinton, MS; 2019 – 2021

AWARDS

1. 2021 Mississippi College Department of Kinesiology Graduate Student of the Year
2. 2018 Walsh University Outstanding Senior in Exercise Science

TEACHING EXPERIENCE

Fall 2019 - Spring 2021

Graduate Instructor, Department of Kinesiology, Mississippi College

Course: Exercise Physiology Lab (KIN 421; undergraduate level)

Role: Created course syllabus; independently developed and taught lectures; developed, administered, and graded mid-term and final exams; administered, supervised, and graded practical finals; created online/hybrid course material during COVID-19 pandemic

CERTIFICATION

Certified Strength and Conditioning Specialist, National Strength and Conditioning Association

MEMBERSHIPS

American College of Sports Medicine

American Heart Association

Interdisciplinary Association for Population Health Sciences

REFERENCES

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