MINOR IN RECREATION THERAPY

The minor in Recreation Therapy is perfect for students pursuing professions that require skills working with people that have special needs, disabilities, adolescents that are at risk, and older adults. The minor is especially suitable for students majoring in degrees that emphasize major components of sport, recreation, health, therapy, or rehabilitation.

REQUIRED COURSES (18 HOURS)

- SRA 262: Introduction to Therapeutic Recreation (3)
- SRA 372: Procedures and Techniques in Therapeutic Recreation (3)
- SRA 388: Assessment/Planning in Therapeutic Rec** (3)
- SRA 473: Supervision and Administration of Therapeutic Recreation Organizations* (3)
- SRA 394/ES 394: Therapeutic Exercise and Fitness (3) OR SRA 574: Current Trends in Therapeutic Recreation* (3) OR SRA 580: Recreational Therapy for Older Adults* (3)

* Prerequisite: SRA 262
** Prerequisite: SRA 262 &372

Completion of the Therapeutic Recreation minor alone will not qualify students to sit for the CTRS examination. In order to take the exam, students must also complete the following: Developmental Psychology, Abnormal Psychology, Anatomy and Physiology I, 560 hour internship under supervision of a current CTRS.